NCHRA
NORTHERN CALIFORNIA HUMAN RESOURCES ASSOCIATION

Approved Provider

CONTINUING PROFESSIONAL EDUCATION

CPE Credits: 3

Maintaining Composure in the Midst of Conflict

February 23, 2010 | 1:00 p.m. – 4:00 p.m.
NCHRA Training Center
425 California St, Ste 500
San Francisco, CA 94104

About the Speaker(s):
Jerry A. Green, JD, *is a corporate consultant and attorney-mediator. He developed TUNING IN---seminars and private teachings of embodied wisdom in communication and conflict resolution based on principles of Aikido and somatic awareness. He is an active member of Sonoma County Management Consultants Forum and practices in Sebastopol. For more, go to:*
www.greenermediations.net/humanresources

Research suggests that body language constitutes most of our understanding of one another. So why do we fight over words? Words seldom convey the true nature of the underlying problem, yet we appear pre-disposed to verbal conflict.

When facing pressure, can you: Stay centered? Speak your truth? Listen compassionately? The ability to do so proves imperative for success in business. Discover the secret to responding to verbal pressures using simple and accessible practices from Aikido. Learn the fundamental skills of grounding and centering, and stop avoiding arguments---turn them into constructive resolutions instead.

What people say about this training:

"Simple, experiential exercises that are fun to do."

"My intuitions clarified and became more accessible."

"Inspiring and full of wisdom."

EASY WAYS TO REGISTER:

ONLINE: www.nchra.org/events

MAIL: NCHRA, 425 California St, Ste 500, San Francisco, CA 94104-2190 • **PHONE:** (415) 291-1992 • **FAX:** (415) 291-0217 (credit card payments only)

☐ $165 General ☐ $130 Member | ☐ Join NCHRA for $150 and attend at the member rate

Badge Name _____ Designation _____

Name _____

Title / Company _____

Street _____

City / State / Zip _____

Email _____

Phone / Fax _____

PAYMENT:

I have enclosed payment in the amount of: _____

☐ Check enclosed (payable to NCHRA Tax ID #94-6103023)

☐ Charge my: ☐ VISA ☐ MC ☐ AmEx ☐ Discover

Credit card number _____ Expiration _____

Signature _____ Zip Code of Billing Address (required) _____

Early registration is encouraged. Walk-ins will be charged a $20 late fee and cannot be guaranteed admittance. **Cancellation deadline is one week prior to program.** No refunds or credit will be given after this date. Membership will be verified. Non-members will be charged the general rate. Please photocopy this form for multiple attendees. This form is your invoice.

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